



Interested in learning a complementary healing therapy?

Healing Touch International Level 1

Date: February 27 – 28, 2010 Location: Regional Health Services, Cresco, IA



For More Information OR to register for this or a future class

Contact: Joye Meyer 563-547-3099 (hm), 563-547-2989 (wk) meyejoa@mercyhealth.com

Target Audience:

The Healing Touch Certificate Program is a nursing continuing education program for registered nurses, health care professionals, body-oriented therapists, psychotherapists or other licensed health care professionals and all individuals who desire an in-depth understanding of healing work that uses energy-based concepts.

Level 1 allows persons with varying backgrounds to enter, acknowledge their previous learning and to further develop concepts and skills in energy-based therapy.

Healing Touch is a biofield therapy that is an energy-based approach to health and healing. It uses touch to influence the human energy system, specifically the energy field that surrounds the body, and the energy centers that control the energy flow from the energy field to the physical body. These non-invasive techniques utilize the hands to clear, energize, and balance the human and environmental energy fields thus affecting physical, emotional, mental, and spiritual health and healing.

It is based on a heart-centered caring relationship in which the practitioner and client come together energetically to facilitate the client's health and healing. The goal in Healing Touch is to restore harmony and balance in the energy system, placing the client in a position to self heal. Healing Touch complements conventional health care and is used in collaboration with other approaches to health and healing.

Healing Touch Certificate Program

The Healing Touch Certificate Program is a multi-level course of study in energy-based therapy that moves from beginning to advanced practitioner and is complementary to health care. The program incorporates a variety of energy-based modalities allowing participants to progress from beginner to practitioner.

Each level in the Healing Touch Certificate Program includes both educational and experiential learning in which participants practice and share experiences using energy-based healing techniques. In addition the program encourages the developing practitioner to enhance skills and knowledge through recommended readings and practice sessions. There is also a strong commitment to personal growth and knowledge of holistic health principles.

Registration Form
Healing Touch Level 1

Laura Rose Lobby, Regional Health Services
327 8th Ave. West, Cresco, IA,
February 27 – 28, 2010

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____

Work Phone _____

Email _____

- Tuition - \$220 plus book (\$31.00)
\$50 non-refundable deposit Due by 2/19/2010
- HTI member tuition (Standard less \$25)
- Student (2/3 standard tuition)
- Repeat: (2/3 standard tuition)
- Course Materials Fee – book \$31.00
- Nursing CEU credits - \$5

Amount enclosed \$ _____

- Yes, I can bring a massage table
- No, I can't bring a massage table

Make Checks Payable to: Laura Hart
\$50 Non Refundable deposit with application
Balance due at Registration

Send to: Lisa Bormann (Class Coordinator)
30 Zeller Crossing #101
North Liberty, IA 52317
319-330-0623



HEALING TOUCH
CERTIFICATE
PROGRAM

*for Health Care Professionals
and Others Committed to Healing*

Level 1

**Laura Rose Lobby
Regional Health Services
327 8th Ave. West
Cresco, IA 52136**

February 27 - 28, 2010

Certification by

HEALING TOUCH INTERNATIONAL, INC.
445 Union Blvd. Suite 105
Lakewood, CO 80228
www.HealingTouchInternational.org

Endorsed by
The American Holistic Nurses Association



Healing Touch Certificate Program

The Healing Touch Certificate Program is a multi-level course of study in energy-based therapy that moves from beginning to advanced practitioner and is complementary to health care. The program incorporates a variety of energy-based modalities that are sequenced in Levels 1 through 5, allowing participants to progress from beginner to practitioner. Students receive a certificate of completion at each level. Upon completion of levels 1-5 and additional requirements, students are eligible to apply for certification through Healing Touch International, Inc. Level 6 prepares the individual to become an instructor.

Each level in the Healing Touch Certificate Program includes both didactic and experiential learning in which participants practice and share experiences using energy-based healing techniques. In addition the program encourages the developing practitioner to enhance skills and knowledge through recommended readings and practice sessions. There is also a strong commitment to personal growth and knowledge of holistic health principles.

Target Audience

The Healing Touch Certificate Program is a nursing continuing education program for registered nurses, health care professionals, body-oriented therapists, psychotherapists or other licensed health care professionals and individuals who desire an in-depth understanding of healing work that uses energy-based concepts.

Certification as a Healing Touch Practitioner is an appropriate goal for those who wish to establish a Healing Touch practice or incorporate Healing Touch as a major focus within an existing professional practice.

Level 1 Description

Level 1 begins with 15-17.5 continuing education contact hours of instruction, allowing persons with varying backgrounds to enter, acknowledge their previous learning and to further develop concepts and skills in energy-based therapy. A strong commitment to personal growth is required.

Level 1 Objectives

The participant will:

1. Describe the human energy system relationship to physical, emotional, mental and spiritual health.
2. Discuss energy principles basic to Healing Touch.
3. Assess the energy field and energy centers.
4. Identify a basic Healing Touch sequence.
5. Demonstrate specific intervention techniques used in Healing Touch.
6. Discuss applications of Healing Touch in personal and professional practice.
7. Discuss expected ethical conduct and standards of practice within Healing Touch.

Workshop Information

Schedule:

Saturday, February 27, 2010 9 am – 6:20 pm

Sunday, February 28, 2010 9 am – 6 pm

Location: Laura Rose Lobby, Regional Health Services, 327 8th Ave. West, Cresco, IA 52136

Questions Contact

Co- Coordinators: Lisa Bormann 319-330-0623

chi.lisabormann@gmail.com OR

Joye Meyer 563-547-3099 (hm), 563-547-2989 (wk)

meyejoa@mercyhealth.com

Instructor: Laura K. Hart, RN, PhD, RM, CHTP/I is a Professor Emeritus at the College of Nursing, University of Iowa. She has had an independent wholistic nursing practice since the early eighties. Laura has been a Certified Healing Touch Practitioner since 1994 and a Certified Healing Touch Instructor since 1998.

Disclosure: Laura Hart, is an instructor of the HTI Healing Touch Certificate Program and has the right to use the intellectual property of the HTI Healing Touch Certificate Program Course of Study.

Level 1 Course Content

1. Energy system concepts related to health
2. Basics of the energy system – energy field and energy centers
3. Location and function of the chakras
4. Assessment of the energy field and energy centers
5. Meditation for centering and maintaining energetic flow
6. Principles and practice of Healing Touch
7. Selected intervention techniques: Basic Healing Touch Sequence, Magnetic Passes, Magnetic Clearing, Chakra Connection (1 on 1, 2 on 1, self), Headache Techniques (tension, migraine, sinus), Ultra Sound, Laser, Chakra Spread, Scudder (Optional), Mind Clearing (Optional)
8. Principles of self-healing
9. Personal development as a healer
10. Legal and professional aspects of touch therapies

This course is an approved course of study of the HTI Healing Touch Certificate Program. The HTI Healing Touch Certificate Program is an endorsed program of the American Holistic Nurses Association.

Healing Touch International, Inc.
445 Union Blvd. Suite 105 Lakewood, CO 80228
Ph: (303) 989-7982 Fax: (303) 980-8683
e-mail Support@HealingTouchInternational.org
www.HealingTouchInternational.org

Healing Touch International, Inc. is the non-profit professional membership and educational organization for Healing Touch. It was established in March 1996, to receive the AHNA Healing Touch Certificate Program and the process for Healing Touch Certification of Practitioners (CHTP) and Instructors (CHTI) from the American Holistic Nurses Association.

The **American Holistic Nurses Association** is a nonprofit membership organization dedicated to the principles and practice of holistic nursing defined as "the renewing and enhancing of the art of nursing and caring for the whole person"



This continuing nursing education activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Mercy Iowa City, IBN #87 will award 16.2 contact hours for full attendance, no partial credit will be awarded